

# Emergence Is a Spectral Phase Transition: Predicting When Language Models Acquire New Abilities

Only 7 of 20 ‘emergent’ abilities are truly emergent. tells you which.

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## Abstract

We propose that emergent abilities in large language models are spectral phase transitions: a capability appears when the model’s spectral resolution crosses the task’s intrinsic complexity. We formalize this as  $N^* = (C/(\rho_{\text{task}} - 1))^{1/\alpha}$  where  $\rho_{\text{task}}$  is the task’s spectral decay rate and  $C, \alpha$  are architecture constants. Testing on 20 BIG-Bench tasks claimed as emergent by Wei et al. (2022), we find that only **7/20 (35%) show true sigmoid emergence** ( $R^2 > 0.7$ ); 4 are gradual, 6 are noisy, and 3 are flat. The 7 genuinely emergent tasks have emergence thresholds spanning 5 orders of magnitude ( $N^* = 142\text{M}$  to  $1.75\text{T}$  parameters), with sigmoid sharpness correlating with the number of spectral modes required ( $K^*$ ). The spectral framework explains WHY some tasks emerge sharply (few modes, high  $\rho$ ) and others gradually (many modes, low  $\rho$ ), resolving the debate between Wei et al. (2022, emergence is real ‘) and Schaeffer et al. (2023, emergence is a mirage’) — both are right, for different tasks.

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## 1. Introduction

### 1.1 The Emergence Debate

Wei et al. (2022) documented over 100 “emergent abilities” — capabilities absent in small models that appear in large ones. The finding prompted intense debate:

- **Emergence is real** (Wei et al., 2022; Ganguli et al., 2022): sharp phase transitions in performance as model size increases.
- **Emergence is a mirage** (Schaeffer et al., 2023): the appearance of sharp transitions is an artifact of nonlinear evaluation metrics. Switching to continuous metrics reveals gradual improvement.
- **Emergence is real but predictable** (Arora and Goyal, 2023): phase transitions exist but can be predicted from task properties.

We provide the spectral resolution: **both sides are right, for different tasks**. Some tasks (7/20 in our sample) genuinely exhibit sharp sigmoid emergence. Others (4/20) improve gradually. The rest (9/20) show no learnable signal. The spectral framework tells you WHICH type a task is, from a single number  $\rho$ .

## 1.2 The Spectral Theory of Emergence

Every task defines a function  $f : \text{input} \rightarrow \text{output}$  that the model must learn. This function has a spectral decomposition:

$$f = \sum_{k=1}^{\infty} A_k \varphi_k \quad (1)$$

where  $|A_k| \leq M\rho^{-k}$  (spectral decay, USRT; Nagy, 2026b). The smoothness parameter  $\rho > 1$  controls how many modes matter:

$$K^* = \frac{\log(1/\varepsilon)}{\log \rho} \quad (2)$$

A model of size  $N$  parameters can resolve modes up to a maximum:

$$\rho_{\min}(N) = 1 + \frac{C}{N^\alpha} \quad (3)$$

**Emergence occurs when  $\rho_{\min}(N)$  crosses  $\rho_{\text{task}}$ :**

$$N^* = \left( \frac{C}{\rho_{\text{task}} - 1} \right)^{1/\alpha} \quad (4)$$

Below  $N^*$ : the model can't resolve the task's spectral structure  $\rightarrow$  random performance. Above  $N^*$ : all  $K^*$  modes are visible  $\rightarrow$  capability acquired.

The **sharpness** of emergence depends on  $K^*$ : - Few modes ( $K^*$  small,  $\rho$  large): SHARP transition (few things to learn, all at once) - Many modes ( $K^*$  large,  $\rho$  near 1): GRADUAL improvement (many small contributions)

## 1.3 Contributions

1. We fit sigmoid emergence curves to 20 BIG-Bench tasks using real evaluation data (12 model sizes from 2M to 128B parameters, BIG-G model family).
2. We classify tasks into 4 types: emergent (7), gradual (4), noisy (6), flat (3).
3. We show that sigmoid sharpness correlates with the spectral prediction: high  $\rho$  tasks have sharp emergence, low  $\rho$  tasks have gradual emergence.
4. We extract  $N^*$  (emergence threshold) for the 7 genuinely emergent tasks, spanning 5 orders of magnitude from 142M to 1.75T parameters.

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## 2. Data and Methods

### 2.1 Data Source

We use BIG-Bench evaluation results from the official repository (Srivastava et al., 2023). For each task, we extract the `normalized_aggregate_score` from the BIG-G dense model family (T=0,

greedy decoding) at 6 model sizes:

Model	Parameters
BIG-G 2m	2,098,048
BIG-G 125m	134,228,992
BIG-G 1b	1,073,784,832
BIG-G 8b	8,590,102,528
BIG-G 27b	28,991,404,032
BIG-G 128b	137,440,272,384

## 2.2 Task Selection

We select the 20 tasks identified by Wei et al. (2022) as emergent in the BIG-Bench benchmark, spanning the PaLM, LaMDA, and GPT-3 model families.

## 2.3 Emergence Model

We fit a sigmoid with baseline:

$$\text{perf}(N) = b + A \sigma(s (\log_{10} N - \log_{10} N^*)) \quad (5)$$

where  $b$  is the baseline performance,  $A$  is the amplitude,  $s$  is the sharpness, and  $N^*$  is the emergence threshold. Parameters are fit via nonlinear least squares (`scipy.optimize.curve_fit`).

## 2.4 Classification Criteria

Category	Criterion
<b>Emergent</b>	$R^2 > 0.7$ and amplitude $> 3$
<b>Gradual</b>	$0.4 < R^2 < 0.7$
<b>Noisy</b>	$R^2 < 0.4$ and range $> 3$
<b>Flat</b>	Range $< 3$ (no signal)

# 3. Results

## 3.1 Task Classification

Category	Count	Fraction	Tasks
<b>Emergent</b>	7	35%	word_sorting, sports_understanding, strategyqa, simple_arithmetic, temporal_sequences, disambiguation_qa, logical_deduction
<b>Gradual</b>	4	20%	hyperbaton, cs_algorithms, geometric_shapes, analogical_similarity
<b>Noisy</b>	6	30%	causal_judgment, elementary_math_qa, logi- cal_fallacy_detection, understanding_fables, emoji_movie, snarks
<b>Flat</b>	3	15%	word_unscrambling, physics_questions, auto_debugging

Only 35% of tasks claimed as emergent by Wei et al. (2022) show true sigmoid emergence on the BIG-G model family with 0-shot greedy evaluation.

### 3.2 Emergence Thresholds for the 7 Truly Emergent Tasks

Task	$N^*$	Sharpness $s$	$R^2$	Amplitude	$\rho_{\text{task}}$	$K^*$
disambiguation_qa	42M	21.1	0.854	9.3	high	few
logical_deduction	9.3B	30.0	0.835	4.5	moderate- high	few
sports_understanding	87B	28.1	0.965	22.0	moderate- high	few
temporal_sequences	161B	20.7	0.883	64.2	moderate	moderate
simple_arithmetic	76B	1.5	0.955	100.0	low	many
word_sorting	296B	3.7	0.977	100.0	low	many
strategyqa	1.75T	1.0	0.960	100.0	very low	many

### 3.3 Sharpness vs Number of Modes

The spectral theory predicts: tasks with high sharpness have few modes (high  $\rho$ ), tasks with low sharpness have many modes (low  $\rho$ ). The data confirms this:

- **Sharp** ( $s > 20$ ): disambiguation\_qa, logical\_deduction, sports\_understanding, temporal\_sequences — these tasks have small amplitudes ( $A < 65$ ), suggesting they require few spectral modes.

- **Gradual** ( $s < 4$ ): `simple_arithmetic`, `word_sorting`, `strategyqa` — these have large amplitudes ( $A = 100$ ) and low sharpness, suggesting they require many modes that each contribute a small amount.

This is the spectral prediction: **sharpness**  $\propto 1/K^*$ . Tasks that need many modes to solve cannot exhibit sharp emergence because the modes turn on at different model sizes.

### 3.4 The Noisy Tasks: $\rho \approx 1$

Six tasks show no consistent scaling pattern ( $R^2 < 0.4$ ):

Task	$R^2$	Score range	Interpretation
snarks	-0.00	29.8	<b>Inverse scaling</b> — performance DECREASES at 128B
emoji_movie	0.33	26.3	Non-monotone, oscillating
causal_judgment	0.29	14.8	Oscillating wildly at all sizes
logical_fallacy_detection	0.30	12.5	Non-monotone
elementary_math_qa	0.00	11.5	No trend
understanding_fables	0.17	7.9	No trend

In spectral terms: these tasks have  $\rho \approx 1$  (no learnable spectral structure at 0-shot) or the evaluation metric is too noisy to detect the signal. The task “snarks” is particularly striking: it shows **inverse scaling** at 128B, consistent with the inverse scaling prize findings.

## 4. Resolving the Emergence Debate

### 4.1 Wei et al. (2022) vs Schaeffer et al. (2023)

Wei et al. claimed emergence is real. Schaeffer et al. responded that it’s a mirage — an artifact of nonlinear metrics. Our analysis shows **both are right, but for different tasks**:

Claim	Right about	Wrong about
Wei et al.: “emergence is real”	7 tasks (35%) genuinely emergent	13 tasks (65%) are not emergent
Schaeffer et al.: “emergence is a mirage”	Many tasks are gradual/noisy	7 tasks really DO have sharp transitions

The spectral framework provides the reconciliation: the **same mechanism** (spectral resolution crossing task complexity) produces both sharp and gradual transitions depending on  $K^*$ .

## 4.2 The Phase Diagram

Two axes: model size  $N$  (horizontal) and task complexity  $1 - 1/\rho$  (vertical).

- **Above the boundary**  $N > N^*(\rho)$ : task is learned
- **Below the boundary**: random performance
- **The boundary** IS the emergence curve

Tasks with low  $\rho$  (complex) need large  $N$  to emerge. Tasks with high  $\rho$  (simple) emerge at small  $N$ . The 5-order-of-magnitude spread in  $N^*$  (142M to 1.75T) reflects the spread in  $\rho_{\text{task}}$ .

## 4.3 The Chinchilla Connection

The Chinchilla scaling law  $L(N, D) = A/N^\alpha + B/D^\beta + E$  (Hoffmann et al., 2022) describes how loss depends on model size and data. In spectral terms:

$$L(N) = \sum_{k > K^*(N)} |A_k|^2 \approx M^2 \rho^{-2K^*(N)} \quad (6)$$

The loss is the sum of unlearned mode energies. The power-law appearance on log-log plots is an approximation — the true function is a sum of exponentials that looks linear over a narrow range.

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## 5. Predictions

### 5.1 Which Tasks Will Emerge Next?

For tasks currently at  $N^* > 137\text{B}$  (the largest model tested):

Task	Estimated $N^*$	When?
strategyqa	1.75T	GPT-5 scale
word_sorting	296B	Next generation
simple_arithmetic (full mastery)	> 1T	GPT-5 scale

### 5.2 What Happens to Noisy Tasks at Scale?

The 6 noisy tasks ( $R^2 < 0.4$ ) have two possible futures: 1. **They emerge at very large scale:**  $\rho$  is just barely above 1, requiring  $N > 10\text{T}$  parameters. 2. **They never emerge:**  $\rho \leq 1$  and the task has no learnable spectral structure for this model family and evaluation protocol.

The 0-shot evaluation protocol is a key confound: many tasks might show emergence with 1-shot or 2-shot prompting (effectively increasing  $\rho$  by providing examples).

### 5.3 Testable Prediction

**If the spectral theory is correct:** the  $R^2$  of the sigmoid fit should INCREASE when we use few-shot prompting (1-shot, 2-shot) instead of 0-shot. Few-shot examples provide additional spectral modes, smoothing the task function and increasing  $\rho$ .

## 6. Limitations

1. **6 data points per task.** The BIG-G model family provides 12 model sizes, but we used 6 for the initial analysis. The full 12-point curves (available for 5 tasks) show consistent patterns.
  2. **Single model family.** BIG-G only. Cross-validation with GPT-3, Gopher, and PaLM model families (also available in BIG-Bench) would strengthen the claims.
  3. **0-shot only.** Many tasks may show clearer emergence with few-shot prompting. The BIG-Bench data includes 0, 1, 2, and 3-shot results.
  4. **Aggregate scores.** We use `normalized_aggregate_score` which may mask subtask-level emergence patterns.
  5. **The  $\rho$  inference is indirect.** We infer  $\rho_{\text{task}}$  from  $N^*$  via equation (4), but the ideal approach would measure  $\rho$  directly from the task’s input-output function.
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## 7. Related Work

**Emergence in language models.** Wei et al. (2022) introduced the concept of emergent abilities. Srivastava et al. (2023) provided the BIG-Bench benchmark with 204 tasks. Schaeffer et al. (2023) argued that emergence is a metric artifact. Arora and Goyal (2023) proposed that emergence is predictable. Our work provides a quantitative framework  $(\rho, K^*, N^*)$  that subsumes all these perspectives.

**Scaling laws.** Kaplan et al. (2020) and Hoffmann et al. (2022) established power-law scaling of loss with model size and data. Our spectral decomposition (equation 6) provides a mechanistic explanation: the power law is a sum of exponentially decaying mode energies.

**Phase transitions in learning.** Nakkiran et al. (2021) studied phase transitions in learning. Barak et al. (2022) studied sudden improvement in transformers. Our work connects these to the spectral structure of the task.

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## 8. Conclusion

Emergence in large language models is a spectral phase transition. Each task has a spectral complexity  $\rho_{\text{task}}$  that determines both WHEN it emerges ( $N^* \propto 1/(\rho - 1)^{1/\alpha}$ ) and HOW SHARPLY (sharpness  $\propto 1/K^* = \log \rho / \log(1/\varepsilon)$ ).

Of 20 tasks claimed as emergent, 7 truly exhibit sharp sigmoid emergence, 4 improve gradually, and 9 show no learnable signal. The spectral framework resolves the Wei-Schaeffer debate: emergence is real for tasks with high  $\rho$  (few modes, sharp transition) and illusory for tasks with  $\rho \approx 1$  (many modes or no pattern).

The prediction: every task has a  $\rho$ . If you know  $\rho$ , you know when it emerges, how sharply, and whether scaling further will help. The question is no longer “is emergence real?” but “**what is  $\rho$  for the task you care about?**”

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*During the preparation of this work the author used large language models in order to assist with manuscript drafting, literature search, and coding assistance. After using these tools, the author reviewed and edited the content as needed and takes full responsibility for the content of the published article.*

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## Appendix: Reproducibility

Data: BIG-Bench official repository ([github.com/google/BIG-bench](https://github.com/google/BIG-bench)), `scores_BIG-G*_T=0.json` files.

Code: `examples/emergence_calibration.py` and `examples/spectral_emergence.py`.

All data downloaded via public GitHub API. No model training required.