

# The $\alpha$ -Continuum: Spectral Gap Controls the Quantum-Classical Transition

One number takes you from Schrödinger to Boltzmann.

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Draft

## Abstract

We define an effective quantumness parameter  $\alpha_{\text{eff}}(t) = 1 + (\text{Tr}(\rho^2) - 1/d)/(1 - 1/d) \in [1, 2]$  that interpolates continuously between quantum ( $\alpha = 2$ , pure state, full interference) and classical ( $\alpha = 1$ , maximally mixed, no interference). The time evolution of  $\alpha_{\text{eff}}$  is controlled by a single number: the spectral gap  $|\lambda_1|$  of the Lindblad generator, giving  $\alpha_{\text{eff}}(t) \approx 1 + e^{-2|\lambda_1|t}$ . This connects the quantum-classical transition to the same spectral gap that governs mixing in stochastic processes, transfer between Lagrange points in celestial mechanics, and convergence in the Universal Spectral Representation Theorem. For a qubit coupled to a thermal bath at temperature  $T$ , we show: (i)  $|\lambda_1|$  increases with  $T$ , giving faster decoherence at higher temperatures; (ii) the stationary  $\alpha_{\text{eff}}(\infty)$  decreases from 2 (cold, quantum) to 1 (hot, classical); (iii) the decoherence time  $T_2 = 1/(2|\lambda_1|)$  is recovered exactly from the spectral gap. The  $\alpha$ -parameter provides a single, measurable, basis-independent quantifier of “how quantum” a system is at any moment, and the spectral gap tells you how fast that quantumness is being lost.

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## 1. Introduction

### 1.1 The Quantum-Classical Border

When does a quantum system become classical? The standard answer invokes **decoherence** (Zurek, 2003): interaction with the environment destroys quantum coherence, making the system appear classical. But decoherence is a process, not a number. At any given time  $t$ , HOW quantum is the system? And how fast is it losing its quantumness?

We propose a single quantifier:

$$\alpha_{\text{eff}}(t) = 1 + \frac{\text{Tr}(\rho^2(t)) - 1/d}{1 - 1/d} \quad (1)$$

where  $\rho(t)$  is the density matrix and  $d$  is the Hilbert space dimension. This parameter: - Equals **2** for a pure state ( $\text{Tr}(\rho^2) = 1$ ): maximum superposition, full interference - Equals **1** for a maximally mixed state ( $\text{Tr}(\rho^2) = 1/d$ ): no coherence, classical - Is **continuous** between 1 and 2: partial coherence, partial classicality - Is **basis-independent**: depends only on the purity, not the choice of measurement basis

The name “ $\alpha$ ” is motivated by the analogy: in the spectral expansion  $p = |\sum c_k \varphi_k|^\alpha$ , the value  $\alpha = 2$  gives the Born rule (quantum) while  $\alpha = 1$  gives the Fokker–Planck density (classical). The  $\alpha_{\text{eff}}$  parameter quantifies where a real system sits on this continuum.

## 1.2 The Spectral Gap Connection

The Lindblad master equation for the open quantum system:

$$\frac{d\rho}{dt} = \mathcal{L}[\rho] = -i[H, \rho] + \sum_k \gamma_k \left( L_k \rho L_k^\dagger - \frac{1}{2} \{L_k^\dagger L_k, \rho\} \right) \quad (2)$$

is a **linear superoperator** — the quantum analog of the Fokker–Planck generator. Vectorizing  $\rho$  into a  $d^2$ -dimensional vector,  $\mathcal{L}$  becomes a matrix. Its eigenvalues  $\{\lambda_n\}$  satisfy:

- $\lambda_0 = 0$  (stationary state exists)
- $\text{Re}(\lambda_n) \leq 0$  for all  $n$  (complete positivity)
- $|\lambda_1| = \text{spectral gap} = \text{decoherence rate}$

**Theorem (-evolution).** *For a  $d$ -level system undergoing Lindblad evolution with spectral gap  $|\lambda_1|$ :*

$$\alpha_{\text{eff}}(t) = 1 + \frac{d-1}{d} \text{Tr}(\rho^2(t)) - \frac{1}{d} \approx 1 + e^{-2|\lambda_1|t} \quad (3)$$

*The approximation is exact when the initial state is pure and the dominant decay channel is the spectral gap mode.*

This is the same spectral gap that appears in: - **Stochastic processes:**  $\|p(t) - \pi\|_{\text{TV}} \leq C e^{-|\lambda_1|t}$  (mixing) - **Celestial mechanics:** transfer time between Lagrange points  $\sim 1/|\lambda_1|$  - **Financial risk:** convergence of the Spectral Fenton Distribution (USRT) - **Machine learning:** generalization gap controlled by  $|\lambda_1|$  of the data covariance

**One number controls convergence in all five domains.**

## 2. The Lindblad Generator as Spectral Object

### 2.1 Vectorization

For a  $d$ -level system, vectorize  $\rho$  (a  $d \times d$  matrix) into a  $d^2$ -dimensional vector. The Lindblad superoperator  $\mathcal{L}$  becomes a  $d^2 \times d^2$  matrix:

$$\mathcal{L}_{\text{vec}} = -i(H \otimes I - I \otimes H^T) + \sum_k \gamma_k \left( L_k \otimes L_k^* - \frac{1}{2} L_k^\dagger L_k \otimes I - \frac{1}{2} I \otimes (L_k^\dagger L_k)^T \right) \quad (4)$$

This is structurally identical to our Fokker–Planck generator: the Hamiltonian part (antisymmetric, imaginary eigenvalues) corresponds to transport, and the dissipative part (symmetric, negative eigenvalues) corresponds to diffusion.

## 2.2 Eigenvalue Spectrum

For a qubit ( $d = 2$ ),  $\mathcal{L}_{\text{vec}}$  is  $4 \times 4$ . Its eigenvalues encode the complete decoherence dynamics:

Channel	Eigenvalues	Physics
Phase damping (T)	$0, 0, -\gamma, -\gamma$	Off-diagonal decay
Amplitude damping (T)	$0, -\gamma/2, -\gamma/2, -\gamma$	Population + coherence decay
Thermal bath	$0, -\gamma(2\bar{n}+1)/2 \pm i\omega, -\gamma(2\bar{n}+1)$	T-dependent rates

## 2.3 The Decoherence Time Hierarchy

From the eigenvalue spectrum, ALL decoherence times follow:

$$T_1 = \frac{1}{|\lambda_{\text{population}}|}, \quad T_2 = \frac{1}{2|\lambda_{\text{coherence}}|}, \quad T_\phi = \frac{1}{|\lambda_{\text{dephasing}}|} \quad (5)$$

The standard relation  $1/T_2 = 1/(2T_1) + 1/T_\phi$  is a consequence of the eigenvalue structure.

## 3. Temperature as -Controller

### 3.1 Thermal Bath Model

For a qubit with frequency  $\omega$  coupled to a thermal bath at temperature  $T$  with coupling strength  $\gamma_0$ :

$$|\lambda_1| = \gamma_0(2\bar{n} + 1)/2, \quad \bar{n} = \frac{1}{e^{\hbar\omega/k_B T} - 1} \quad (6)$$

The stationary state is the thermal (Gibbs) state:

$$\rho_{\text{eq}} = \frac{e^{-H/k_B T}}{\text{Tr}(e^{-H/k_B T})} \quad (7)$$

with purity  $\text{Tr}(\rho_{\text{eq}}^2) = (1 + \tanh^2(\hbar\omega/2k_B T))/2$ .

### 3.2 The -Temperature Phase Diagram

Temperature regime	$\bar{n}$	$\ \lambda_1\ $	$\alpha_{\text{eff}}(\infty)$	Character
$T \ll \hbar\omega/k_B$	$\approx 0$	$\gamma_0/2$	$\approx 2$	Quantum ground state
$T \sim \hbar\omega/k_B$	$\sim 1$	$\sim 3\gamma_0/2$	$\sim 1.5$	Quantum-classical boundary
$T \gg \hbar\omega/k_B$	$\gg 1$	$\sim \gamma_0 T/\hbar\omega$	$\approx 1$	Classical thermal

The quantum-classical boundary is at  $k_B T \approx \hbar \omega$  — where the thermal energy equals the quantum energy spacing. This is the textbook result, but now quantified by a single continuous parameter  $\alpha_{\text{eff}}$ .

### 3.3 Numerical Results

For a qubit with  $\omega = 1$ ,  $\gamma_0 = 0.05$ :

$T$	$ \lambda_1 $	$T_2$	$\alpha_{\text{eff}}(\infty)$	$\bar{n}$
0.01	0.025	20.0	2.00	0.00
0.50	0.033	15.2	1.58	0.16
1.00	0.054	9.2	1.21	0.58
5.00	0.251	2.0	1.01	4.5

## 4. Connection to Classical Spectral Theory

### 4.1 The Unified Spectral Gap

The spectral gap  $|\lambda_1|$  of a generator controls convergence to equilibrium in EVERY domain:

Domain	Generator	Gap meaning	Formula for T
<b>Quantum (this paper)</b>	Lindblad $\mathcal{L}$	Decoherence rate	$T_2 = 1/(2\ \lambda_1\ )$
Stochastic process	Fokker–Planck $\mathcal{L}_{\text{FP}}$	Mixing rate	$T_{\text{mix}} \sim 1/\ \lambda_1\ $
3-body problem	CR3BP generator	Transfer time	$T_{L1 \rightarrow L2} \sim 1/\ \lambda_1\ $
Financial risk	Eigen-COS generator	Portfolio decorrelation	$T_{\text{stress}} \sim 1/\ \lambda_1\ $
ML learning	Data covariance	Learning speed	$T_{\text{convergence}} \sim 1/\ \lambda_1\ $

The mathematics is IDENTICAL. The Lindblad generator IS a Fokker–Planck generator on the space of density matrices.

### 4.2 The USRT for Quantum States

The density matrix  $\rho$  of a  $d$ -level system has  $d^2 - 1$  independent real parameters (Bloch vector). The USRT guarantees: for a system with spectral decay rate  $\rho > 1$ , the number of parameters needed for  $\varepsilon$ -accuracy is:

$$N = \Theta \left( \frac{\log(1/\varepsilon)}{\log \rho} \right) \tag{8}$$

independent of  $d$ . For a many-body quantum system ( $d = 2^n$  for  $n$  qubits), the USRT says: the effective state complexity is  $O(\log(1/\varepsilon))$ , not  $O(2^{2n})$ .

This is the quantum version of the curse-of-dimensionality breaking: quantum states of smooth systems are compressible, with dimension-free compression rate.

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## 5. Testable Predictions

### 5.1 $\alpha_{\text{eff}}$ is Measurable

The purity  $\text{Tr}(\rho^2)$  is measurable without full state tomography:

- **Randomized benchmarking:** decay rate  $\rightarrow$  purity (Magesan et al., 2012)
- **SWAP test:** two copies of  $\rho \rightarrow \text{Tr}(\rho^2)$  with one measurement
- **Shadow tomography:** classical shadows give purity from  $O(\log d)$  measurements

Therefore  $\alpha_{\text{eff}}$  is a directly measurable quantity.

### 5.2 Prediction 1: $T_2$ from Spectral Gap

For a qubit with known Hamiltonian  $H$  and bath coupling  $\{L_k, \gamma_k\}$ :

1. Build Lindblad superoperator  $\mathcal{L}_{\text{vec}}$  (eq. 4)
2. Compute spectral gap  $|\lambda_1|$
3. Predict  $T_2 = 1/(2|\lambda_1|)$

Compare with measured  $T_2$ . If the spectral prediction is more accurate than the standard perturbative (Fermi Golden Rule) estimate, this is a new result.

### 5.3 Prediction 2: Trajectory Shape

The trajectory  $\alpha_{\text{eff}}(t)$  is not always simple exponential. For multi-level systems or multiple decoherence channels, the trajectory can show:

- **Plateau:** stays near 2, then drops suddenly (delayed decoherence)
- **Two-stage:** fast initial drop (T dephasing) then slow decay (T relaxation)
- **Oscillation + decay:** Hamiltonian oscillations modulating the envelope

The spectral decomposition predicts these features from the eigenvalue distribution.

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## 6. Limitations

1.  **$\alpha_{\text{eff}}$  is not fundamental.** It is a derived quantity (from purity), not a new physical parameter. Its value is pedagogical and unifying, not ontological.
2. **The Born rule is NOT explained.** We observe that  $\alpha = 2$  in Nature and  $\alpha = 1$  is the classical limit. We do not explain why Nature chose  $\alpha = 2$  and not  $\alpha = 3$ . Sorkin (1994) and Sinha et al. (2010) experimentally confirm that fundamental  $\alpha = 2$  exactly (no triple interference). Our  $\alpha_{\text{eff}}$  describes the EFFECTIVE value during decoherence, not the fundamental value.
3. **No new physics.** The Lindblad equation and its spectral properties are well-known (Breuer and Petruccione, 2002). Our contribution is the  $\alpha$ -framing and the connection to the USRT across domains. This is a new PERSPECTIVE, not a new prediction.

4. **Multi-qubit scaling — an honest negative result.** We tested whether USRT-style truncation compresses the multi-qubit Lindblad superoperator ( $4^n \times 4^n$ ). It does NOT: the number of eigenvalues for 99% spectral weight grows as  $4^n$ , with no compression.

$n$ qubits	$d^2$ (full)	$N_{99\%}$	Compression	Growth
2	16	15	1.1×	—
3	64	63	1.0×	4.2×
4	256	254	1.0×	4.0×
5	1,024	1,018	1.0×	4.0×

**Why:** the USRT requires smooth densities ( $\rho > 1$ ). The multi-qubit Lindblad has a DISCRETE state space — the eigenvalues fill the spectrum uniformly with no exponential decay. This is fundamentally different from the Fokker–Planck case.

**However:** the decoherence time  $T_1$  (the most important single quantity) IS robust — it depends only on  $|\lambda_1|$ , which is always among the top few eigenvalues regardless of  $n$ . Predicting  $T_1$  requires  $O(1)$  eigenvalues; predicting the FULL dynamics requires  $O(4^n)$ .

### 6.1 Three Paths to Make Multi-Qubit Compression Work

**Path A: Locality.** Real quantum hardware has LOCAL noise: qubit  $i$  couples to nearest neighbors. The relevant Lindblad block for a target qubit is  $4^k \times 4^k$  where  $k =$  neighborhood size (typically 3). For a 1D chain: always  $64 \times 64$ , regardless of total  $n$ . The decoherence of qubit  $i$  is determined by its  $k$ -local environment, not the full  $n$ -qubit system.

**Path B: Tensor network (MPO).** The density matrix of a 1D chain with bounded entanglement has a Matrix Product Operator representation with bond dimension  $\chi$ . After decoherence ( $\alpha_{\text{eff}} \rightarrow 1$ ), entanglement is low ( $\chi$  small). The effective dimension is  $O(n \cdot \chi^2)$ , not  $4^n$ . Lindblad evolution preserves MPO structure. The spectral gap can be extracted via DMRG without full diagonalization.

**Path C: Continuum limit (USRT-compatible).** For large  $n$ , map the qubit chain to a continuous spin field  $\phi(x, t)$ . The Lindblad equation becomes a field-theoretic Fokker–Planck:

$$\frac{\partial \rho[\phi]}{\partial t} = \mathcal{L}_{\text{field}}[\rho]$$

In this limit, the state IS smooth, the USRT applies, and dimension-free convergence is restored. This is the most natural connection to our existing spectral machinery.

Path	Key idea	Effective dimension	Status
A: Locality	Only nearby qubits matter	$O(4^k)$ , $k \sim 3$	Implementable now
B: MPO	Bounded entanglement	$O(n\chi^2)$	Needs DMRG
C: Continuum	Smooth field	$O(\log(1/\varepsilon)/\log \rho)$	Most promising
<b>D: Cumulant</b>	<b>Truncate at order <math>k^*</math></b>	$O(n^{k^*})$	<b>Proven below</b>

## 6.2 Path D: Quantum Cumulant Truncation (Proven)

**Theorem (Quantum USRT).** *For an  $n$ -qubit system with local interactions (coupling  $J$ , nearest-neighbor) and Lindblad spectral gap  $|\lambda_1| > 0$ , the  $k$ -th order cumulant truncation error satisfies:*

$$\|\rho - \rho_k\| \leq C \cdot (er)^k, \quad r = e^{-|\lambda_1|/v_{LR}} \quad (*)$$

where  $v_{LR}$  is the Lieb-Robinson velocity. Therefore:

$$k^* = \left\lceil \frac{\log(C/\varepsilon)}{\log(1/(er))} \right\rceil = O\left(\frac{\log(1/\varepsilon)}{\log \rho_Q}\right), \quad \rho_Q = \frac{1}{er} = \frac{e^{|\lambda_1|/v_{LR}}}{e}$$

cumulant orders suffice for  $\varepsilon$ -accuracy, independent of  $n$ .

**Proof.** Three steps.

*Step 1 (Exponential clustering).* Kastoryano and Eisert (2013) proved: for a Lindblad generator with spectral gap  $|\lambda_1| > 0$  and local jump operators, the stationary state satisfies

$$|\mathrm{Tr}(A_X B_Y \rho_{ss}) - \mathrm{Tr}(A_X \rho_{ss}) \mathrm{Tr}(B_Y \rho_{ss})| \leq C_1 \cdot e^{-d(X,Y) \cdot |\lambda_1|/v_{LR}}$$

where  $d(X, Y)$  is the distance between the supports of  $A_X$  and  $B_Y$ .

*Step 2 (Cumulant-correlation bound).* The  $k$ -th order connected cumulant  $C_{i_1, \dots, i_k}^{(k)}$  on a nearest-neighbor chain decomposes via the cluster expansion (Ueltschi, 2004):

$$|C^{(k)}| \leq \sum_{\text{spanning trees } T \text{ on } \{i_1, \dots, i_k\}} \prod_{(a,b) \in T} |\langle \sigma_a \sigma_b \rangle_c|$$

Each tree has  $k-1$  edges. The minimum total edge length on the chain is  $\geq k-1$ . By Step 1, each factor contributes at most  $C_1 \cdot r$  where  $r = e^{-|\lambda_1|/v_{LR}}$ . The number of labeled spanning trees on  $k$  vertices is  $k^{k-2}$  (Cayley's formula). Therefore:

$$|C^{(k)}| \leq k^{k-2} \cdot C_1^{k-1} \cdot r^{k-1}$$

*Step 3 (Truncation error).* The error from truncating at order  $k$ :

$$\|\rho - \rho_k\| \leq \sum_{m>k} |C^{(m)}| \leq \sum_{m>k} m^{m-2} \cdot C_1^{m-1} \cdot r^{m-1}$$

Using  $m^{m-2} \leq e^m \cdot m!/(m^2 e)$  and the ratio test: for  $er < 1$ , the series converges and is dominated by the first term:

$$\|\rho - \rho_k\| \leq C' \cdot (er)^k$$

Setting  $(er)^{k^*} = \varepsilon$  gives  $k^* = \lceil \log(C'/\varepsilon) / \log(1/(er)) \rceil$ .  $\square$

### 6.3 The Quantum USRT Parameter

The theorem identifies the quantum smoothness parameter:

$$\rho_Q = \frac{1}{er} = \frac{1}{e} \cdot e^{|\lambda_1|/v_{LR}}$$

This depends on the ratio  $|\lambda_1|/v_{LR}$  — **dissipation rate vs interaction speed**:

- $|\lambda_1| \gg v_{LR}$ : dissipation dominates  $\rightarrow \rho_Q \gg 1 \rightarrow$  few cumulants suffice (quasi-classical)
- $|\lambda_1| \ll v_{LR}$ : interaction dominates  $\rightarrow \rho_Q < 1 \rightarrow$  **does not converge** (deeply quantum)

### 6.4 The Honest Numbers

For real superconducting qubit parameters:

Parameter	Value	Unit
$ \lambda_1 $ (decoherence rate)	3,333	Hz
$v_{LR}$ (Lieb-Robinson $\approx J$ )	10,000,000	Hz
$r = e^{- \lambda_1 /v_{LR}}$	0.99967	—
$\rho_Q = 1/(er)$	<b>0.368</b>	—

$\rho_Q < 1$ . **The USRT does not converge for quantum computers.**

The reason is physical: quantum computers NEED  $|\lambda_1| \ll v_{LR}$  (strong coupling, weak dissipation) to maintain coherence for computation. This is precisely the regime where the cumulant expansion fails.

Regime	$ \lambda_1 /v_{LR}$	$\rho_Q$	$k^*$	Meaning
<b>Quantum computer</b>	0.0003	<b>0.37</b>	$\infty$	Cannot truncate
Quantum-classical boundary	1.0	<b>0.37</b>	Marginal	Transition point
<b>Dissipation-dominated</b>	3.0	<b>7.4</b>	$\sim 3$	Few cumulants
<b>Strong noise</b>	10.0	<b>8,100</b>	$\sim 1$	Nearly classical

### 6.5 The Fundamental Trade-Off

This is not a technical limitation — it is the **entanglement-compressibility duality**:

Strong entanglement (good for QC)  $\Leftrightarrow$  Low  $\rho_Q \Leftrightarrow$  Bad compression

Weak entanglement (bad for QC)  $\Leftrightarrow$  High  $\rho_Q \Leftrightarrow$  Good compression

The USRT works WHERE entanglement is weak. Entanglement IS the “high-frequency spectral content” that the truncation removes. You cannot truncate entanglement without losing quantum information — this is a restatement of the no-cloning theorem in spectral language.

## 6.6 Where the Quantum USRT IS Useful

Despite  $\rho_Q < 1$  for quantum computers, the theorem IS valuable:

1. **Quantum hardware design:** predicting the collective decoherence rate  $|\lambda_1|$  needs only  $k = 0$  (mean-field). This always works, for any  $n$ . The 48\$×\$48 OU generator gives exact  $\gamma$  for any number of qubits.
2. **Quantum error correction threshold:** the  $\rho_Q = 1$  boundary ( $|\lambda_1| = v_{LR}$ ) is the physical error correction threshold — below it, entanglement can be maintained; above it, dissipation destroys all quantum correlations. The spectral gap TELLS YOU which side you're on.
3. **NISQ devices:** near-term quantum devices operate WITH significant noise ( $|\lambda_1|/v_{LR} \sim 0.01\text{--}0.1$ ). For these,  $\rho_Q \sim 0.5\text{--}1.0$ , and moderate cumulant orders ( $k \sim 5\text{--}10$ ) may suffice for fidelity estimation.
4. **Classical simulation of quantum systems:** for SIMULATING quantum systems on classical computers (quantum chemistry, materials science), the regime of interest is often intermediate noise. The cumulant USRT gives a principled truncation.

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## 7. Conclusion

The quantum-classical transition has a single control parameter: the spectral gap of the Lindblad generator. From this one number, the decoherence time, the trajectory, the stationary quantumness, and the purity evolution are all determined. The -parameter  $\alpha_{\text{eff}} \in [1, 2]$  provides a continuous, measurable, basis-independent quantifier of quantumness.

The deepest insight is not about quantum mechanics specifically. It is that the SAME spectral gap controls convergence to equilibrium in quantum, classical, and financial systems alike:

$$|\lambda_1| \text{ (Lindblad)} = |\lambda_1| \text{ (Fokker-Planck)} = |\lambda_1| \text{ (USRT)} : \text{ one number, all domains}$$

Temperature pushes  $\alpha$  from 2 to 1. Time pushes  $\alpha$  from 2 to  $\alpha(\infty)$ . The spectral gap tells you how fast.

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*During the preparation of this work the author used large language models in order to assist with manuscript drafting, literature search, and coding assistance. After using these tools, the author reviewed and edited the content as needed and takes full responsibility for the content of the published article.*

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## Appendix: Reproducibility

```
python3 examples/spectral_decoherence.py # Single qubit + temp sweep
python3 examples/spectral_decoherence_multiqubit.py # Multi-qubit scaling test
```

Runtime: 3s (single) + 8s (multi). Self-contained (NumPy + SciPy).